



## PATHWAYS HEALTH CENTRE FOR CHILDREN

# Swimming Lessons SPRING 2010

The Red Cross Swim Program is offered for children ages 3 years and up who can participate in a group setting without individual support. This program is open to both Pathways clients and non-clients.

### Red Cross Swim Preschool (Children 3 – 5 years old)

Levels: Sea Turtles, Salamander, Sunfish, Crocodile & Whale

These levels focus on water orientation and safety. They establish the basic skills required for learning how to swim.

### Red Cross Swim Kids (Children 6 years old and up)

Levels: Swimmer 1 – Swimmer 5

These levels focus on the core fundamentals of swimming. Swimmers learn proper stroke technique, work on their endurance and learn how to make safe decisions in, on and around the water.

## SPRING 2010 Class Times & Days:

**\*\*Class schedule is subject to change according to enrolment needs\*\***

### Sea Turtle

Monday 5:30  
Tuesday 4:30  
Wednesday 4:30  
Tuesday 6:00  
Thursday 5:00  
Saturday 10:00

### Salamander

Monday 6:00  
Tuesday 5:00  
Wednesday 5:00  
Thursday 4:30  
Saturday 10:30

### Sunfish

Monday 5:30  
Tuesday 5:30  
Thursday 5:00  
Saturday 11:00  
Crocodile  
Tuesday 6:00  
Wednesday 4:30  
Saturday 11:30

### Whale

Thursday 5:30  
Saturday 10:00

### Swimmer 1

Wednesday 5:00  
Saturday 10:30  
Swimmer 2  
Tuesday 4:30  
Wednesday 5:00  
Saturday 10:30

### Swimmer 3

Tuesday 5:00  
Thursday 4:30  
Saturday 11:00

### Swimmer 4

Monday 6:00  
Saturday 11:30  
Thursday 5:30  
Swimmer 5  
Tuesday 5:30  
Saturday 12:00

**Registration Period: Monday March 1<sup>st</sup> – Thursday March 18<sup>th</sup> 2010**

**\*\*Registration Hours: Monday - Thursday 10:30am – 6:30pm\*\***

**Session Period: Starting week of March 22<sup>nd</sup> – Ending week of May 24<sup>th</sup> - 29<sup>th</sup> 2010**

**Cost: \$60.00/ 10wk session (Monday & Saturdays \$48.00/ 8wk)**

**\*\* Pool Closed Easter Weekend 2<sup>nd</sup> – 5<sup>th</sup> & Victoria Day Weekend 22<sup>nd</sup> – 24<sup>th</sup> 2010\*\***

***For complete registration details see other side (next page)***

**For more information, please contact Debra Marson, Aquatic Supervisor  
(519) 542 – 3471 ext. 279 or [dmarson@pathwayscentre.org](mailto:dmarson@pathwayscentre.org)**

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## Registration Process and Information

This SPRING we are using a new registration process in hopes to eliminate the dreaded 'line-up'. While it is impossible to please everyone, we hope that this system works well. We are doing our best to serve **everyone** in as fair a manner as possible.

Pathways clients referred by a therapist will be given priority to our community lessons. The opportunity to register *does not* guarantee you a spot. You will be able to register for any spaces we have available when you come in, which may or may not suit your level/time needs. Our program reputation and popularity have made it impossible for us to serve all the individuals who wish to attend our programs at the same time.

### Registration Process:

1. You must register in person at the **Aquatics Office** during the registration period.  
*\*\*\*Registration only available Monday – Thursday 10:30pm – 6:30pm*
2. Registration is on a first come, first serve basis.
3. You may be issued a registration number and a return time. If you miss your return time you will have to obtain a new number.
4. **PAYMENT IS BY CHEQUE ONLY PLEASE**, reservations without payment will not be accepted.
5. All swimmers require a current Aquatics Waiver Form on file. Waiver Forms are located at the Aquatics Office.
6. **\*\*NEW\*\*** If all available spots for a class are full, you may register for the next session during the registration period.

### Please Note:

- **Please, no cameras or video cameras in the centre.** Photos will be allowed on the last day. Thank you for your cooperation.
- Parents/ guardians are to remain in the building.
- Refunds will be honoured due to relocation or medical reasons. A \$10.00 administration fee applies to all refunds. Registration is non-transferable between days/ sessions.
- If there is a pool closure due to weather or unforeseen circumstances, you will be issued a credit.
- Class schedule is subject to change according to enrolment needs.
- Class ratio is 4- 5 children : 1 instructor all class are ½ hour.
- Registration requirements are a minimum of 2 children per class.

### Keeping our pool clean:

- ✓ Please ensure all swimmers are toilets before entering the pool.
- ✓ All swimmers must shower before entering the pool.
- ✓ Long hair must be tied up.
- ✓ Please remove outdoor shoes in lobby area.
- ✓ **No diapers in the pool please.** A 'pool pant' (Gabby's, Kooshies, Little Swimmers, etc.) under a bathing suit (bathing suit acts as a second layer of protection) instead please.

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