

Adult Community Resources

Transitioning from Children's Services/Supports to Adult Services/Supports

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A. Most Frequently Accessed Resources

1. **Connecting Point; Family Counselling Centre**

Provides information and referrals for developmental services in Lambton County and provides a single point of access for residential placements for adults with developmental disabilities.

Website: www.familycounsellingctr.com

** Individuals have the option to register with Connecting Point, the local central point of access for all support services/residential options. **

519-336-0120 Ext. 260 or 1-800-831-3031

2. **Medical/Physical Supports**

a. **Family Physician / Specialist:** ensure that you maintain contact.

b. **Sarnia-Lambton Community Care Access Centre (CCAC)**

Serves all ages by providing information about and access to health and support services. 519-337-1000

Website: www.310CCAC.ca

c. **County of Lambton Community Health Services**

Promotes and protects the health of the people of Lambton County. Can access medical services.

Website: www.lambtonhealth.on.ca

519-383-8331 (Forest and Sarnia offices)

d. **Bluewater Health**

Provides limited outpatient therapy services for acute rehabilitation through their Day Hospital Program and Out-Patient Physiotherapy.

519-464-4400 ext. 4416 (Physiotherapy) 519-464-4400 ext.

8100 (Day Hospital)

e. **Pathways Health Centre for Children**

Provides limited adult services in Seating and Mobility, Augmentative Communication, and Aquatics.

Website: www.pathwayscentre.org

519- 542-3471

f. **Independent Service Providers**

There is a wide range of independent service providers. Please refer to the local Yellow Pages under each respective service or contact the appropriate professional association for current listings. Physiotherapy: Ontario Physiotherapy Association

Website: www.opa.on.ca 1-800-672-9668

E-mail: physiomail@opa.on.ca

Occupational Therapy: College of Occupational Therapists of Ontario
(COTO) Website: www.coto.org 1-800-890-6570

E-mail: info@coto.org

Speech/Language Services and Audiology: Ontario Association of
Speech-Language Pathologists and Audiologists

Website: www.osla.on.ca 1-800-718-6752

E-mail: mail@osla.on.ca

g. Equipment Rental or Purchase

i) Canadian Red Cross 519-332-6380

ii) Shoppers Home Health 519-344-2409

iii) Motion Specialties 519-336-7781

iv) Assisted Devices Program (ADP) 1-800-268-6021

3. Ministry of Community and Social Services

Application forms and information regarding: Ontario Disability Support
Program (ODSP), Disability Tax Credit, Income Tax.

Lambton Shared Services 519-332-0998

Ontario Disability Support Program 519-337-3735 or 1-800-663-7633

4. Ontario March of Dimes

Offers service to all adults with physical disabilities. Three attendant
services: supportive housing, outreach and respite.

Website: www.marchofdimes.ca 519-332-4702

5. Community Living, Sarnia Lambton District

Offers case management, employment, recreation, residential, vocational
(day programs), volunteer services, and respite services for individuals
experiencing intellectual disabilities.

Website: www.communitylivingsarnia.org 519-332-0560

6. Lambton County Developmental Services, Petrolia

Provides residential and day support to adults who have developmental
disabilities, and their families. 519-882-0933

**7. Advocacy, Planning and Support Services (APSS); Family Counselling
Centre**

Provides a range of services to support individuals with developmental
disabilities and their families. Services include: advocacy, case
management/service coordination, consultation, trusteeships, information
about community resources, life planning, referral to appropriate
resources. 519-336-0120

8. Canadian Mental Health Association

Offers services to individuals, ages 16 to 65 years, living in Lambton

County. Provides support for people with mental health disorders or dual diagnosis.

Website: www.cmhalambton.org

519-337-5411

Email: general@cmha.sarnia.net

B. Education

1. Lambton College –Community Integration through Cooperative Education (CICE)

Two year modified college program designed for individuals with intellectual disabilities, brain injuries, learning disabilities, mental health issues and other learning challenges. Allows students to access most program areas (based on seat availability). Call well in advance for information on registration. 519-542-7751 ext. 3250

2. Organization for Literacy Lambton

Provides access to resources to improve literacy.

Website: www.readsarnia.com

519-332-4876

3. Tri-County Literacy Network

Provides support to adult literacy programs

Website: www.tcln.on.ca

519-355-1771

4. Learning Disabilities Association of Lambton County

Provides leadership in learning disabilities advocacy, research, education and services. 519-344-4919

5. The Ministry of Education Special Education:

<http://www.edu.gov.on.ca/parents/speced.html>

6. Ministry of Colleges and Universities:

<http://www.edu.gov.on.ca/eng/tcu/>

7. SNOW (Special Needs Ontario Window) <http://snow.utoronto.ca/>

8. "Special Education Resources" link provides a link to the special needs office for universities in Ontario

http://snow.utoronto.ca/index.php?option=com_content&task=view&id=249&Itemid=146

- Carleton University: The Paul Menton Centre for Persons with Disabilities
- Brock University: Services for Students with Disabilities
- Laurentian University: Special Needs Office'
- Queen's University: Disability Services
- RyersonUniversity: Access Centre
- Trent University: Special Needs Office
- University of Toronto: Disability Services
- University of Toronto: Adaptive Technology Resource Centre
- University of Waterloo: Office for Persons with Disabilities

- University of Western Ontario: Services for Students with Disabilities
- University of Windsor: Special Needs Office
- Wilfrid Laurier University: Special Needs Office
- York University: Office for Persons with Disabilities
- York University: Able York

C. Employment

1. Ontario Works (OW) Employment Supports

Can assist an individual with the preparation for work, job placement and job retention. Must be 16 years of age, a resident of Ontario and have a disability that is expected to last a year or more. Do not have to be receiving OW Income Support to be eligible.

If you are preparing to leave OW for a job, ask about the Employment Transition Benefit. 519-337-3735 1-800-663-7633

2. Community Living, Sarnia Lambton District

a. Accessible Employment Resource Centre 519-332-4004

Website: www.jobstartsarnia.com

b. Employment Support Services 519-332-6528

3. Goodwill Industries 519-332-0440

Provides assessments, training, counseling, evaluations toward employment. Provides employment in a sheltered workshop environment.

4. Human Resources Development Canada

Lambton Shared Services

(Job Connect or Job Search Network)

Website: www.jobsearchnetwork.ca 519-332-5583

The Employment Action Centre

Website: www.sarniaeac.ca 519-332-4333

The WorkPlace Sarnia

Website: www.workplacesarnia.com

E-mail: info@theworkplacegroup.ca 519-337-7377

The WorkPlace County Outreach, Petrolia

Website: <http://wpcountyoutreach.com> 519-882-3724

5. Lambton County Developmental Services

Website: www.lcds.on.ca 519-882-0933

D. Support Services (some day activities)

1. Community Living, Sarnia-Lambton District 519-332-0560

2. Lambton County Developmental Services 519-882-0933

3. Goodwill Industries 519-332-0440
4. St. Francis Advocates
(To assist individuals with autism or a developmental delay)
Website: www.stfrancisadvocates.net 519-243-3344 ext. 21
5. Stepping Stones
(for young adults between the ages of 18 and 27 with a developmental disability; to help make the transition from high school to life in the community) 519-786-3834
6. Christian Horizons
(Addresses the needs of individuals with developmental challenges. The goal is the development of life skills for the purpose of reaching maximum independence.) 519-542-1346

E. Recreation

1. City of Sarnia, Community Services 519-332-0330 ext. 200
Special Needs Coordinator (Miriam Carmody)
2. Recreation Integration Sarnia Lambton 519-332-0656
3. Sport for Disabled, Lambton (SD Lambton) 519-336-7492
4. YMCA - Sarnia Lambton
Website: www.ymcasar.org 519-336-9622
5. Pathways Health Centre for Children Aquatics
(Request the "Community Recreation and Leisure Resource Guide")
Website: www.pathwayscentre.org 519-542-3471
6. Community Living, Sarnia-Lambton District 519-332-0560
7. Lambton County Developmental Services, Petrolia 519-882-0933
8. Sarnia Minor Athletic Association 519-332-1896

F. Volunteer

Volunteer Coordinators Association of Sarnia Lambton

Website: www.volunteersarnia.com Email: sascs@ebtech.net

Website identifies volunteer opportunities in Sarnia Lambton

G. Transportation

1. Ontario Works (O.W.) or Ontario Disability Support Program (O.D.S.P.)
Transportation funding may be available from the Mandatory Special Necessities Program.
2. Lambton Lift A direct referral to other transportation services.
(Sarnia Care - A-Van; Canadian Red Cross Sarnia- Lambton Branch;
Lambton Elderly Outreach) 519-845-1360
3. Care-A Van (pre registration is required) 519-336-3789

4. Red Cross (Canadian), Sarnia-Lambton Branch 519-332-6380
 5. Lambton Elderly Outreach 519-845-1353
 6. Neighbourlink 519-336-5465
 7. Sarnia Transit 519-336-3271
- (Note: keep bus pass receipts for income tax purposes)
8. VIA Rail Canada (Special Services) 1-888-842-7245
 9. Ministry of Transportation - Accessible Parking Permit 1-800-387-3445

H. Respite

1. March of Dimes 519-332-4702
2. Community Living, Sarnia Lambton District 519-332-0560
3. Lambton County Developmental Services 519-882-0933
4. Special Services at Home (SSAH) (Family Counselling Centre)
519-336-0120 ext 262

I. Advocacy and Consumer Support

1. Community Law School
E-mail: communitylawschool@gmail.com 519-786-2334
2. Community Legal Assistant 519-332-8055
3. APSS, Family Counseling Centre 519-336-0120
4. Sarnia Accessibility Advisory Committee 519-336-3271

J. Life Planning

1. Stepping Stones: MAPs, PATH, Planners/Facilitator 519-786-3834
2. Community Living, Sarnia Lambton District: MAPs, PATH, 519-332-0560
3. APSW, Family Counseling Center 519-336-0120

K. Support Groups

1. Related Support Groups www.informationssarnialambton.org
2. Sarnia Lambton Family Network 519-336-0917 ext. 401

L. Residential

Connecting Point: 519-336-0120 ext. 260

All adult residential supports should be processed through Connecting Point, the central point of access in Lambton County.

Applications are available through the following agencies and are forwarded to the Sarnia Lambton Coordinated Access for Persons with Developmental Disabilities Committee: March of Dimes, St. Francis Advocates, Christian Horizons, Lambton County Developmental Services, Community Living Sarnia Lambton.

M. Housing

1. Housing Services Department
Website: www.lambtononline.ca 519-344-2057
2. Stepping Stones 519-786-3834
3. APSS, Family Counselling Centre 519-336-0120
4. Inn of the Good Shepard
Website: <http://www.theinn.sarnia.net/> (519) 344-1746
5. River City Vineyard 519-383-8463 (8am-8pm)
519-383-8323 (8pm- 9am)